



sandwichtheory

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July 17, 2018

BREAKFAST:

Provolone, Tomato, Fresh Peppers, Basil Omelet w/ Side of Toast & Home Fries	\$6.95
Egg Whites, Cheddar, Avocado, Broccoli in a Wrap	\$6.50
Fried Egg, Sausage, American Cheese, Tomato on Round Roll	\$5.25
Peanut Butter, Choice of Jelly, Strawberries on Whole Wheat Toast (open face)	\$4.95
Flavor Ice Tea of the Week: Pomegranate Berry	
Freshly Made Lemonade: Regular or Strawberry Flavor	
Flavor Coffee of the Day: French Vanilla	

SOUPS:

Chicken Rice	SM. \$3.35
Spinach Mushroom Barley	MD. \$4.35
Gazpacho	LG. \$7.95

SOUP

SIDE SALADS:

Penne Pasta w/ Grilled Chicken
Cucumber & Dill Sauce
Mozzarella & Grape Tomato

SALAD:

Tarragon Walnut Chicken Salad over Mix Greens, Avocado, Grilled Asparagus, Fresh Sliced Pear, Organic Seeds w/ Raspberry Vinaigrette	\$13.95
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SANDWICHES

Chicken Arizona- Grilled Chicken, Cheddar, Bacon, Tomato, BBQ Sauce on Ciabatta (pressed)	\$8.40
Smoked Turkey, Mozzarella, Avocado, Lettuce, Herb Mayo on Multigrain	\$8.40
Tuna Salad Wrap w/ Shredded Carrots, Avocado, Cucumber, Arugula	\$7.95
B.L.T, Muenster Cheese, Avocado, Chipotle Mayo on Whole Wheat Bread	\$7.95
Black Bean Veggie Burger, Lettuce, Tomato, Onions, Avocado, Roasted Red Peppers, Kimchi Aioli on Whole Wheat Round Roll	\$7.50

Grab & Go

½ #5 Roast Beef, Havarti, Herb Mayo, Lettuce, Tomato on Peasant Bread w/Choice of Small Soup or Small Garden Salad	\$6.95
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