

# specials



sandwichtheory

sandwichtheory of Upper Montclair  
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Saturday,  
November 18, 2017

## Breakfast

Turkey Sausage, Provolone, Mushroom, Spinach Omelet w/ Home Fries and Toast	\$7.95
Egg White, Turkey Bacon, Cheddar, Avocado, Arugula, Salsa in a Wrap	\$6.75
Fried Egg, Sausage, Muenster, Avocado on a Brioche Roll	\$4.95
Vegetable Cream Cheese on choice of Bagel	\$2.75
Flavored Coffee of the Day: French Vanilla	
Flavored Iced Tea of the Week: Pomegranate Berry	

## Lunch

### Soup

	Soup		Chili
Split Pea	SM (12oz)	\$3.35	\$4.35
Chicken Orzo	LG (16 oz)	\$4.35	\$4.75
Cream of Broccoli	XLG (32 oz)	\$7.99	\$8.99
Turkey Chili			

### Sides

Fresh Fruit Salad  
Grilled Green Beans  
Tomato & Cucumber Salad

### Salad

Grilled Salmon over Romaine, Grilled Asparagus, Bean Sprouts, Avocado, Pomegranate Seeds, Grape Tomato w/Balsamic Vinaigrette \$12.95

### Sandwiches

Grab & Go - 1/2 # 11 Tuna Salad, Jarlsberg, Lettuce, Tomato on Peasant Bread with choice of Small Soup or Small Garden Salad	\$6.95
Grilled Chicken, Provolone, Bacon, Avocado, Broccoli Rabe, Chipotle Mayo on Ciabatta (pressed)	\$8.40
Grilled Salmon Wrap w/Broccoli Rabe, Tomato & Cucumber Mix, Avocado, & Bean Sprouts	\$8.40
Smoked Turkey, Brie Cheese, Fresh Sliced Pear, Fig Spread on Multi-Grain	\$7.45
Black Forest Ham, Mozzarella, Bacon, Avocado, Fresh Basil, Jalapeño Ranch on Baguette	\$8.40
Mozzarella, Roasted Red Peppers, Fresh Basil, Pesto on Whole Wheat Ciabatta (pressed)	\$7.95