



sandwichtheory

Phone (973) 746-5666/ Fax (973) 746-3265

September 19, 2018

BREAKFAST:

Scallions, Tomato & Feta Omelet w/ Side of Toast & Home Fries	6.50
Egg Whites, Cheddar, Turkey Bacon, Avocado, Salsa in a Wrap	6.95
Fried Egg, Canadian Bacon, Muenster Cheese, Avocado, Tomato on Round Roll	5.95
1 Slice of Whole Wheat Toast w/ Mashed Avocado, Tomato, Fresh Cilantro & Fried Egg	5.95
Fresh Made Lemonade: Regular, Mango, Strawberry	
Flavor Ice Tea of the Week: Pomegranate Berry	
Flavor Coffee of the Day: Caramel Nut Crunch	

SOUPS:

Chicken Orzo
Split Pea
Gazpacho

SOUP SIZES

SM. 3.35
MD. 4.35
LG. 7.95

SIDE SALADS:

Quinoa Salad
Cucumber Salad
Orzo Salad

SALAD

Grilled Chicken over Romaine, Chick Peas, Avocado, Grilled Asparagus, Cheddar, Bacon, Ranch Dressing 12.95

SANDWICHES

Grilled Chicken, Provolone, Bacon, Avocado, Broccoli Rabe, Sun Dried Tomato Pesto on Ciabatta (pressed)	8.95
Grilled Salmon, Roasted Red Peppers, Avocado, Arugula, Oil & Vinegar on Multigrain Hero	8.95
Smoked Turkey, Pepper Jack, Bacon, Lettuce, Guacamole on Baguette	8.40
Black Forest Ham, Brie, Sliced Apple, Honey Mustard on Multigrain (pressed)	7.95
Grilled Eggplant, Fresh Mozzarella, Roasted Red Peppers, Avocado, Basil, Pesto on Whole Wheat Ciabatta	7.95

Grab & Go

½ Black Forest Ham, Swiss, Dijon Mustard, Lettuce, Tomato on Peasant w/
Choice of Small Soup or Small Garden Salad 6.95