



sandwichtheory

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June 18, 2018

BREAKFAST:

Spinach, Mushroom, Cheddar Omelet w/Side of Toast & Home-fries	\$7.95
Egg Whites, Broccoli Rabe, Avocado, Salsa in a Wrap	\$6.50
Fried Egg, Muenster Cheese, Turkey Sausage, Avocado on Brioche	\$6.00
Whole Wheat Toast w/Hummus, Avocado, Feta Cheese, Arugula (open face)	\$4.95
Flavor Ice Tea of the Week: Calypso Mango	
Flavor Coffee of the Day: Chocolate Coconut Kiss	

SOUPS:

Chicken Noodle
Minestrone
Gazpacho

SOUP

SM. \$3.35
MD. \$4.35
LG. \$7.95

SIDE SALADS:

Tomato & Cucumber Salad
Grilled Green beans
Penne Pasta w/Grilled Chicken

SALAD:

Grilled Flank Steak over Mix Greens, Tomato & Cucumber Mix Salad, Grilled Asparagus, Avocado, Balsamic Vinaigrette \$11.95

SANDWICHES

Grilled Chicken, Provolone, Bacon, Avocado, Ranch Dressing on Ciabatta (pressed)	\$8.40
Tuna Salad, Fresh Mozzarella, Avocado, Baby Spinach on Multi Grain Hero	\$8.40
Smoked Turkey, Brie, Cranberry Chutney on Multi Grain	\$7.75
Roast Beef, Cheddar, Lettuce, Tomato, Onion, Pickle, Horseradish Mayo on Rye	\$8.40
Grilled Eggplant, Fresh Mozzarella, Roasted Red Peppers, Fresh Basil, Pesto on Whole Wheat Ciabatta	\$7.95

Grab & Go

Grab & Go – ½ #1 Smoked Turkey, Havarti, Honey Mustard, Lettuce, Tomato on Peasant Bread w/Choice of Small Soup or Small Garden Salad \$6.95