



sandwichtheory

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November 19, 2018

BREAKFAST:

Turkey Sausage, Cheddar, Spinach, Mushrooms Omelet w/ Side of Toast & Home Fries	7.95
Egg Whites, Feta, Spinach, Tomato in a Wrap	5.95
Fried Egg, Muenster Cheese, Canadian Bacon, Avocado on Round Roll	6.50
Mashed Avocado on Whole Wheat Toast w/ Arugula, Chopped Tomato & Olive Oil (1)	4.95
Fresh Made Lemonade: Regular, Mango, Strawberry	
Flavor Iced Tea of the Week: Calypso Mango	
Flavor Coffee of the Day: Hazelnut	

SOUPS:

Spinach Mushroom Barley
Chicken Noodle
Minestrone
Turkey Back Bean Chili

SOUP SIZES

Sm. 12oz 3.35
Md. 16oz 4.35
Lg. 32oz 7.95

CHILI SIZES

Sm. 12oz 4.50
Md. 16oz 5.50
Lg. 32oz 10.00

SIDE SALADS:

Bow Tie Pasta w/ Broccoli
Tomato & Cucumber Mix
Fruit Salad Mix

SALAD

Grilled Flank Steak over Mix Greens, Roasted Red Peppers, Avocado, Grilled Green Beans, Cucumbers w/ Balsamic Vinaigrette 13.50

SANDWICHES

Grilled Chicken, Bacon, Provolone, Avocado, Grilled Portobello, Ranch Dressing on Ciabatta (pressed)	8.95
Smoked Turkey, Brie, Avocado, Lettuce, Tomato, Honey Mustard on Multigrain	8.40
Tuna Salad, Arugula, Roasted Red Peppers, Avocado on Multigrain Hero	8.40
Roast Beef Sloppy Joe w/ Swiss, Coleslaw, Russian Dressing on Rye	7.95
Grilled Eggplant, Fresh Mozzarella, Avocado, Basil, Roasted Red Peppers, Sun Dried Tomato Pesto on Whole Wheat Ciabatta	7.95
Grab & Go ½ #1 Smoked Turkey, Havarti, Honey Mustard Lettuce, Tomato on Peasant w/ Choice of Small Soup or Small Garden Salad	6.95