



# sandwichtheory

January 19, 2019

## **BREAKFAST:**

Tomato, Scallions, Feta Omelet w/Side of Toast & Home-fries	6.95
Egg Whites, Cheddar, Turkey Bacon, Avocado in a Wrap	6.50
Scrambled Egg, Sausage, Muenster Cheese on Brioche Roll	5.95
Whole Wheat Toast w/Mashed Avocado, Arugula, Diced Tomato, Fried Egg (open Face)	5.95
Flavor Iced Tea of the Week: Organic Ginger Peach	
Flavor Coffee of the Day: French Vanilla	

## **SOUPS:**

Chicken Orzo  
Split pea  
Cream of Broccoli (v)  
Turkey Chili

## **SOUP**

SM. 3.35  
MD. 4.35  
LG. 7.99

## **CHILI**

SM. 4.50  
MD. 5.50  
LG. 10.00

## **SIDE SALADS:**

Bow Tie Pasta w/ Broccoli (v)  
Cucumber & Tomato Mix (v)  
Sautéed Broccoli Rabe w/ Garlic (v)

## **SALAD:**

Grilled Salmon over Baby Spinach, Grape Tomatoes, Broccoli Rabe, Avocado w/  
Lemon Vinaigrette 14.95

## **SANDWICHES:**

Grilled Chicken, Fresh Mozzarella, Roasted Red Peppers, Baby Spinach, Honey Mustard on Ciabatta (pressed)	8.95
Smoked Turkey, Brie, Cranberry Chutney on Multigrain	7.45
Grilled Salmon, Celery, Sun Dried Tomato, Red Onions, Arugula, Lemon Vinaigrette on Multigrain Hero	8.95
Black Forest Ham, Bacon, Avocado, Roasted Red Peppers, Baby Spinach, Chipotle Mayo on Baguette	8.95
Veggie Special- Grilled Veggies, Avocado, Red Radicchio, Arugula, Dill Sauce in a Wrap	7.95
<b>Grab &amp; Go</b> – ½ #2 Tarragon Walnut Chicken Salad, Lettuce, Tomato on Peasant w/ Choice of Small Soup or Small Garden Salad	6.95