



Saturday,
October 21, 2017

Breakfast

Turkey Sausage, Mushroom, Spinach, Provolone Omelet w/ Home Fries and Toast	\$7.95
Egg White, Turkey Bacon, Cheddar, Arugula, Salsa in a Wrap	\$5.75
Potato, Egg, American Cheese on a Round Roll	\$3.50
Veggie Cream Cheese on choice of Bagel	\$2.75
Flavored Coffee of the Day: Chocolate Coconut Kiss	
Flavored Iced Tea of the Week: Calypso Mango	

Lunch

Soup

Split Pea
Chicken Orzo

Soup		Chili
S (12 oz)	\$3.35	\$3.75
LG (16 oz)	\$4.35	\$4.75
XLG (32 oz)	\$7.99	\$8.99

Turkey Chili

Sides

Black Bean & Corn Mix
Spinach & Orzo Salad
Grilled Asparagus

Salad

Grilled Chicken over Mixed Greens, Baby Mozzarella, Grilled Asparagus, Roasted Beets, Avocado w/Balsamic Vinaigrette \$11.95

Sandwiches

Grab & Go - 1/2 # 2 Tarragon Walnut Chicken Salad, Lettuce, Tomato on Peasant Bread with choice of Small Soup or Small Garden Salad	\$6.95
Grilled Chicken, Cheddar, Bacon, Avocado, Grilled Portobello, Ranch Dressing on Ciabatta (pressed)	\$8.40
Tuna Salad, Avocado, Provolone, Arugula on Multi-Grain	\$8.40
Smoked Turkey Rueben w/Swiss, Sauerkraut, Brown Mustard on Rye (pressed)	\$6.95
Roast Beef, Cheddar, Lettuce, Tomato, Onion, Pickle, Horseradish Mayo on Whole Wheat	\$7.95
Veggie Special w/Roasted Red Peppers, Grilled Vegetables, Ricotta Cheese, Avocado, Baby Kale on Whole Wheat Ciabatta	\$7.95