



# sandwichtheory

January 16, 2018

## **BREAKFAST:**

Mushroom, Provolone, Spinach, Tomato Omelet w/Side of Toast & Home-fries	\$7.95
Egg Whites, Avocado, Goat Cheese, Arugula in a Wrap	\$6.45
Fried Egg, Canadian Bacon, Pepper Jack, Fresh Spinach on a Brioche Roll	\$5.75
Mashed Avocado on Multi-Grain Toast w/Chopped Tomato, Arugula, & Olive Oil	\$4.95
Flavor Ice Tea of the Week: Pomegranate Berry	
Flavor Coffee of the Day: French Vanilla	

## **SOUPS:**

Chicken Rice  
Butternut Squash  
Escarole & Bean  
Turkey Chili

### **SOUP**

SM. \$3.35  
LG. \$4.35  
XLG. \$7.99

### **CHILI**

SM \$3.75  
LG \$4.75  
XLG \$8.99

## **SIDE SALADS:**

Spinach & Orzo Salad  
Grilled Asparagus  
Tomato & Cucumber Salad

## **SALAD:**

Tarragon Walnut Chicken over Baby Spinach, Baby Mozzarella, Fresh Sliced Apple, Dried Cranberries, Grape Tomato w/Raspberry Vinaigrette \$11.95

## **SANDWICHES:**

Grab & Go – ½ #2 Roast Beef, Havarti, Lettuce, Tomato, Herb Mayo on peasant bread w/Choice of Small Soup or Small Garden Salad	\$6.95
Grilled Chicken, Provolone, Spanish Chorizo, Avocado, Chipotle Mayo on Ciabatta (pressed)	\$8.40
Tuna Melt w/Manchego, Bacon, Tomato on Rye (pressed)	\$8.40
Smoked Turkey, Goat Cheese, Arugula, Cucumber, Herb Mayo on Multi-Grain	\$8.40
Roast Beef, Cheddar, Avocado, Fresh Cilantro, Tomato, Pesto Mayo on Whole Wheat	\$8.40
Black Bean Veggie Burger w/Avocado, Grilled Portobello, Arugula, Chipotle Mayo on Whole Wheat Round Roll	\$6.45