

sandwichtheory

sandwichtheory of Upper Montclair
www.sandwichtheory.com

590 valley road
upper montclair, n.j. 07043
phone 973.746.5666 fax 973.746.3265

sandwich platters

gourmet tray

choose up to 5 of an assortment of our specialty sandwiches

- | | |
|------------------------------------|---------------------------------------|
| #1 - smoked turkey & havarti | #7 - black forest ham & jarlsberg |
| #2 - tarragon walnut chicken salad | #8 - mozzarella & prosciutto |
| #3 - black forest ham & brie | #9 - roast beef & brie |
| #4 - smoked turkey & jarlsberg | #10 - blackened chicken salad |
| #5 - roast beef & havarti | #11 - tuna salad & jarlsberg |
| #6 - genoa salami & provolone | #12 - mozzarella & sun dried tomatoes |

served on your choice of bread

(baguette, peasant, rye, whole wheat)

dressed with lettuce, tomato and your choice of spread

(mayo, herb mayo, horseradish mayo, pesto mayo, spicy mayo, brown mustard, dijon mustard, honey mustard, pesto, oil & vinegar, balsamic vinaigrette)

small (serves 10-12 • 30 cuts) \$66.50 • large (serves 15-20 • 45 cuts) \$99.75
(10 sandwiches cut in 3) (15 sandwiches cut in 3)

wrap tray

whole wheat, sun dried tomato and spinach wraps stuffed with
tarragon walnut chicken salad with lettuce & tomato
smoked turkey, jarlsberg, lettuce, tomato & herb mayo
genoa salami, provolone, roasted red peppers, lettuce & herb mayo
blackened chicken salad with lettuce & tomato or
grilled vegetables, havarti, arugula, sun dried tomatoes & balsamic vinaigrette

small (serves 10-12 • 20 cuts) \$66.50 • large (serves 15-20 • 30 cuts) \$99.75
(10 wraps cut in half) (15 wraps cut in half)

sloppy joe tray

a variety of hearty meat double-decker sandwiches topped
with swiss, cole slaw and russian dressing on rye.

meat choices are roast beef, corned beef, black forest ham or smoked turkey.

\$55.95 per tray - 24 cuts

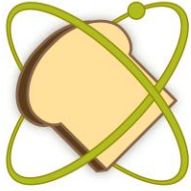
deli sandwich tray

plain and simple, deli meats served on peasant bread
with mayo, mustard, lettuce & tomato.

small (serves 10-12) \$57.50 • large (serves 15-20) \$86.25

lunch bags

customize your own (i.e. sandwich, drink, bag of chips and a cookie)



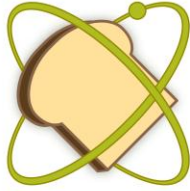
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salads

side salads	small			medium			large		
	lb.	serves up to	price	lb.	serves up to	price	lb.	serves up to	price
beet salad	3	9	\$13.25	5	15	\$21.50	10	30	\$42.00
black bean & corn salad	3	9	\$16.00	5	15	\$26.00	10	30	\$49.75
blackened chicken salad	4	12	\$34.00	7	21	\$58.00	14	42	\$113.00
bow tie pasta with broccoli	3	9	\$18.75	5	15	\$29.75	10	30	\$59.00
cole slaw	3	9	\$13.25	5	15	\$21.50	10	30	\$42.00
cucumber salad	3	9	\$13.25	4.5	14	\$19.25	9	27	\$37.75
egg salad	4	12	\$21.25	7	21	\$36.25	14	42	\$69.75
fruit salad	3	9	\$16.00	5	15	\$26.00	10	30	\$49.75
grilled green beans	2	6	\$14.25	3	9	\$19.75	6	18	\$38.75
grilled tofu & vegetables	2.5	8	\$17.75	4	12	\$27.75	8	24	\$54.00
grilled vegetables	3	9	\$16.00	5	15	\$26.00	10	30	\$49.75
mediterranean salad	3.5	11	\$25.00	6	18	\$41.50	12	36	\$79.75
penne pasta w/ grilled chicken	3	9	\$18.75	5	15	\$29.75	10	30	\$59.00
potato salad	4	12	\$17.75	7	21	\$29.75	14	42	\$58.75
spinach & orzo salad	3	9	\$18.75	4.5	14	\$27.25	9	27	\$53.00
tarragon walnut chicken salad	4	12	\$34.00	7	21	\$58.00	14	42	\$113.00
tomato & cucumber salad	3	9	\$16.00	4.5	14	\$23.25	9	27	\$45.50
tuna salad	5	15	\$39.75	8	24	\$62.50	16	48	\$121.50



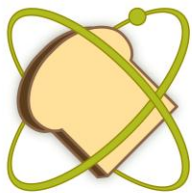
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salad bowls	small	medium	large	x-large
serves up to	8	16	32	64
	price			
arugula	\$17.90	\$35.80	\$61.25	\$121.75
arugula with grilled chicken	\$21.90	\$43.80	\$74.90	\$148.90
asiago	\$11.90	\$23.80	\$40.70	\$80.90
asiago with grilled chicken	\$15.90	\$31.80	\$54.50	\$108.00
bleu cheese	\$12.90	\$25.80	\$44.00	\$87.75
bleu cheese w/ grilled chicken	\$16.90	\$33.80	\$57.80	\$114.90
goat cheese	\$13.90	\$27.80	\$47.50	\$94.50
goat cheese w/ grilled chicken	\$17.90	\$35.80	\$61.25	\$121.75
caesar	\$9.90	\$19.80	\$33.90	\$67.25
caesar with grilled chicken	\$15.50	\$31.00	\$53.00	\$105.50
garden	\$9.90	\$19.80	\$33.90	\$67.25
garden with grilled chicken	\$14.90	\$29.80	\$51.00	\$101.25
greek	\$11.90	\$23.80	\$40.75	\$80.90
greek with grilled chicken	\$15.90	\$31.80	\$54.50	\$108.00
romaine	\$9.90	\$19.80	\$33.90	\$67.25
romaine with grilled chicken	\$13.90	\$27.80	\$47.50	\$94.50



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party platters

cheese trays

brie, cheddar, dill havarti and smoked gouda with grapes and crackers.
small..... \$32.50 large..... \$42.50

crudités

broccoli, cauliflower, carrots, celery, green & red peppers, grape tomatoes,
yellow squash and zucchini with dill sauce & ranch dressing.
small..... \$32.50 large..... \$42.50

brie torte

layered with pesto, pine nuts & sun dried tomatoes..... \$30

breakfast bites

bagel spread..... \$2.75 per person

assorted bagels with butter, cream cheese, vegetable cream cheese,
sun dried tomato cream cheese & sweet jams.

breakfast sandwich/wrap..... \$3.95 per person

baker's best..... \$3.50 per person

bagels, muffins & croissants with butter, cream cheese & sweet jams.

sweets

cookie tray

chocolate chip, heath bar crunch, oatmeal & raisin,
oreo crush, white chocolate macadamia
small (3 dozen)..... \$24.50 • large (5 dozen)..... \$39.50

brownie tray

plain, walnut, pecan, cappuccino, coconut dream, cookies & cream
small (1 dozen)..... \$26.50 • large (1½ dozen)..... \$39.50

cookie & brownie tray

small (2 dozen cookies & 4 brownies)..... \$25.50
large (3 dozen cookies & 7 brownies)..... \$39.50

lemon square tray

small (1 dozen)..... \$29.50